



VILLA ETERNA

Sports & Activities

Andalucia Tourist
Office Registration
No. **VFT/CA/01522**

1 GOLF

All the area near Torreguadiaro/Sotogrande is a paradise for golfers.

The borough is nicknamed the European Golf Capital. The main reason are the facilities. there are 9 golf courses available in the area, three of these are among the 100 best golf courses in Europe.

Here a list of the closest golf courses:

CLUB DE GOLF ALMENARA

This course is a real nature park surrounded by extensive pine and cork oak trees, as well as two magnificently-integrated lakes. The course was devised by the well-known British designer, Dave Thomas. This course is definitely a challenge for the most experienced golfers, with rolling fairways and deep bunkers. The greens are as good as any of those you might find at the best golf courses you could mention. This is a course for thinkers which requires planning before using their drive. Anyone who has ever played this course will simply want to come back for more

Address: Avda. Almenara. s/n. Sotogrande. 11310 San Roque, Cádiz.

Directions: km. 133 of the A7 exit marked Sotogrande-Guadiaro-Castellar

Website: <http://www.hotelalmenara.com/almenara-golf/almenara-golf-club/>

GOLF MUNICIPAL DE LA CAÑADA

La Cañada Municipal Golf Club was inaugurated in 1982 with 9 holes, conceived by the mythical American designer, Robert Trent Jones. It was the first municipal golf club in Spain and the second municipal course to be built in Andalusia. In addition, La Cañada is the second club with the most federated golf members in Andalusia. It is a social club where annual members and visitors play together any day of the week. Since its inauguration new features have been added, such as another 9 holes which were built by the renowned designer, Dave Thomas, as well as a Club House which rivals any of its prestigious neighbouring courses facilities

It is located in the hills adjacent to Valderrama and it can be windy. The long first hole sets the tone for a tough round of golf and the 4th is a trek into the unknown with no view of the green until the third shot.

Address: Ctra. de Guadiaro, km. 1. 11311 Guadiaro, San Roque, Cádiz.

Directions: km. 133 of the A7 exit marked Sotogrande-Guadiaro-Castellar

Website: <http://www.lacanadagolf.com/>

LA RESERVA CLUB SOTOGRANDE

This modern course occupying two valleys was opened in 2004 and it is one of the most prestigious courses in the area. The open views look down to the Mediterranean Sea.

This is a 6,700 metres long course, and very spacious. The greens and fairways are large and wide. Five starting tees are available at each hole. Water and bunker hazards exist

Address: Avda. de La Reserva, s/n. 11310 Sotogrande, San Roque, Cádiz.

Directions: km. 133 of the A7 exit marked Sotogrande-Guadiaro-Castellar

Website: <http://www.lareservaclubsotogrande.com/>

REAL CLUB DE GOLF DE SOTOGRANDE

This golf course, which was designed by this prestigious American architect, Robert Trent Jones in 1964, has been considered since its foundation as one of the world's best golf course by specialised European and American magazines. In fact, it was the first course to be created by the above mentioned architect in



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Europe. He described it as a battlefield where players confront each hole and the course has to defend itself. After almost 50 years it is still a challenge for any golfer. His Majesty King Juan Carlos I awarded the club with title of "Real" (Royal) in 1994.

It is situated close to the beach next to the River Guadiaro and Sotogrande marina. It is a private club, although green fee paying visitors are welcome (they are advised to book in advance).

The fairways are immaculate and include numerous mature trees of pine, cork, oak, palm and eucalyptus. There are also plenty of lakes that together with the strong winds create a challenge for all levels.

Address: Paseo del Parque s/n, Sotogrande. 11310 San Roque, Cádiz.

Directions: km. 133 of the A7 exit marked Sotogrande-Guadiaro-Castellar.

Website: <https://www.golfsotogrande.com/en/>

VALDERRAMA GOLF COURSE

Located in a unique natural enclave, this golf masterpiece was conceived by the prestigious American designer Robert Trent Jones. Built in 1974, it was originally called New Sotogrande. In 1984, Jaime Ortiz Patiño purchased the course to turn it into a professional course capable of hosting golf events of the highest level. Robert Trent Jones was asked to come back and redesign the original layout. The name of the club changed to Valderrama after the old country estate that was situated there previously. It is a private course with limited green fees for visitors and one of the continent's toughest challenges. The 4th hole, a par-5 of spectacular beauty, ends on a raised green next to a cascade of water meandering to a greenside lake. The famous par-5 17th features a green with bunkers at the back, and slopes down to an emerald lake. It is a favourite vantage point for spectators - and a *bête noire* for top championship players.

Address: Avda. de Los Cortijos, s/n. 11310 Sotogrande, San Roque, Cádiz.

Directions: km. 133 of the A7 exit marked Sotogrande-Guadiaro-Castellar

Website: <http://www.valderrama.com/en/>

ALCAIDESA HEATHLAND GOLF CLUB

The new golf course at Alcaidesa, which was designed by Dave Thomas, offers a variety of landscapes which span from a plateau (holes 1 to 5, 17 & 18), where the course resembles a "Healthland" golf course with wide fairways and exceptional views of the sea and nearby mountains. The rest of the holes go through a valley where water hazards are encountered next to the stream and the lakes which were included in its original design.

Address: Avda. Avenida Pablo Cerezo, s/n. Urb. Alcaidesa 11360 San Roque, Cadiz

Directions: km. 124 of the A7

Website: <http://www.alcaidesagolf.com/seccion/en/alcaidesa-heathland/106/>

ALCAIDESA LINKS GOLF COURSE

Designed by Peter Ellis and Clive Clark, stretching from Torrecarbonera lighthouse to Loma del Rey. Being a "Links" golf course means that the design has maintained the terrain's original orographic conditions with smooth slopes descending towards the sea where it meets a beautiful beach. Above all, the difficulty of this course is the way the prevailing winds affect the area. What surprises people the most are the spectacular views of the Mediterranean, the Strait of Gibraltar and North Africa and that there is a continuous view of the coastline from any part of the course.

Address: Avda. del Golf s/n, 11360 San Roque, Cádiz, Spain

Directions: km. 127 of the A7

Website: <http://www.alcaidesagolf.com/>



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SAN ROQUE CLUB OLD COURSE

When two of the best European golf course designers (and former players) like Dave Thomas and Tony Jacklin are given good "raw material", the results are always spectacular. This course was created in 1990 and its location, between the foothills of Sierra Bermeja and the Mediterranean Sea, is impressive. The challenge the course entails, make it one of best European courses. Tight narrow sloped fairways, obstacles and fast greens made this course the venue for the 2005 Spanish Open.

Address: Carretera N-340, Km 127, 11360 San Roque, Cádiz

Directions: km. 127 of A7

Website: <http://www.sanroqueclub.com/>

SAN ROQUE CLUB NEW COURSE

How could San Roque Club Old Course be perfected? One of the possibilities was to ask the legendary Severiano Ballesteros and the best American golf architect Perry Dye to get inspired and come up with new ideas for these additional 18 holes. The idea was to create a new course that is a challenge for scratch and low handicap golfers, but that is also possible for higher handicap players to enjoy. Each hole has five different tee positions and fairways that are wider than those on The Old Course. Again this course is a real challenge and hosted the 2006 Spanish Open. The views of the Mediterranean, the Guadalquivir River and countryside are breathtaking.

Address: Carretera N-340, Km 127, 11360 San Roque, Cádiz

Directions: km. 127 of A7

Website: <http://www.sanroqueclub.com/>

We listed only the golf courses close to Sotogrande but Costa del Sol and Costa de la Luz have plenty of golf courses

In the following website you can find more information (including fees, bookings, etc) about the golf clubs in the immediate and surrounding area: <https://www.voittogolf.com/>

2 POLO

Protected by mature trees and close to the estate of Sotogrande, these pitches are renowned as the best in the world. They are flanked by tropical plants and the rio Guadiaro and they can benefit of wonderful views of blue skies, sun and distant mountains.

Players from the international jet set visit from all over Europe to play throughout the year in Andalucía's matchless climate. August is the peak season,

There are two local Polo Clubs: Santa Maria Polo Club that dominates the fields with its three sites and top facilities and Ayala Polo Club in San Enrique,

POLO TOURNAMENTS

A number of tournaments take place throughout the summer months at Santa María Polo Club. The most important tournament is "Torneo Internacional Polo", a free event open to the public which runs from end July to end August. During this period, a number of bars as well as the polo field's 'shopping village' where you can purchase items from various fashion and accessory brands will be open to visitors. In addition, The 'Grey Goose Vodka Afterparty' bar is open every evening of the tournaments with special events or 'fiestas' running each Friday and Saturday nights during the tournament. Each of these events features various different DJs and musicians as well as special guests.



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Directions: The main arena, Los Pinos, is located to the east of the Rio Guadiaro between Sotogrande Marina and the A-7 coast road. Leave the A-7 at exit 133. The entrance is a little hidden. From the roundabout of the AP-7 exit km 133, head in the direction of Torreguadiaro and take the service road as if going to the fruit shops. On the right between the shops is the Los Pinos entrance, a narrow signposted road. There is also an entrance from within Sotogrande between the Marina and the River Guadiaro which is opened at match times. Ample parking. Four fields.

The Rio Sotogrande fields receive the Medium Goal level in the International Polo Tournament among other in the fall, spring and summer polo season. They are located within Sotogrande Costa close to the A-7 coast road, access from Paseo del Parque.

The Puente del Hierro fields I and II are usually reserved for the low goal International Polo Tournament and other tournaments of this level in winter and spring. The field III is used for practice. They are located on the west bank of the Guadiaro river just to the north of the famous 1929 iron bridge. From Pueblo Nuevo take A-2103, at km1.4 look for the un-tarmac access track is on right which drops down and passes under the bridge. There is a small 'POLO' sign. From Torreguadiaro or San Enrique take the A-2102, at the roundabout turn left on the A-2103 signposted Guadiaro, cross over the iron bridge and look for the access track on the right hand side.

3 HORSE

The passion for horses has also made it possible to develop and enjoy these sort of sports in the municipality. There are two equestrian centres that offer these kind of activities: Sotogrande Equestrian Sports Club, closely-linked to the foundation of Sotogrande, and the San Roque Club Equestrian Centre.

SOTOGRADE EQUESTRIAN CLUB

The Sotogrande Equestrian Club, Hipica, is nestled in a verdant enclave near the Old Valderrama Cortijos near Sotogrande. The school offers first-class facilities for every equestrian pursuit, from dressage and jumping to hacks, a pony club for young riders. The Hipica staff can arrange classes and hacks across Andalucía landscapes: a sunrise ride on the unspoilt beach of Guadalquiron, with views of the Strait of Gibraltar, or a winding hillside trek through wild olive trees, cork oak and pine trees.

Hipica Park Golf La Reserva, Sotogrande

Antiguo Cortijo Valderrama, Autovia A-7, Km. 130, 11311 Sotogrande, Cádiz

Website <https://www.sotogrande-hipica.es/>

SAN ROQUE CLUB EQUESTRIAN CLUB

The San Roque Club Equestrian Centre is managed by the Santa María Foundation. This Foundation has been running a Hippotherapy centre (horse riding for disabled people) at these magnificent facilities, which have enabled them to create the Supportive Equestrian Centre. This Equestrian Centre offers all kind of equestrian sport activities (horse care, beginners classes, advanced class in different disciplines, hacks, etc.). All the profit made from these activities offered by the Club go towards the costs of Hippotherapy Centre.

Address: Carretera N-340, Km 127, 11360 San Roque, Cádiz`

Website <http://santamariapoloclub.com/foundation/>



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4 TENNIS AND RACQUET SPORTS

Both sports have been played in the area for many years at excellent facilities. Visitors can become members of private clubs like Sotogrande Racquet Centre or El Octógono Club de Padel y Tenis, or La Dormilona which offer a dozen courts between them. Visitors and residents from San Roque can also play paddle tennis or tennis at Gaviota Municipal Tennis Club. There are also municipal tennis and paddle tennis court in the villages of Estación and Puente Mayorga

SOTOGRADE RACQUET CENTRE

The Sotogrande Racquet Centre is a fully equipped sports facility (three tennis, one mini-tennis, eight padel and three racquetball courts) that offers world class tennis and padel courts under bright Andalusian skies. Set just off the shore, next to the Trocadero Beach Club, the centre enjoys cooling sea breezes whilst soaking up the area's glamorous vibe.

Address: Paseo del Parque, s/n, 11310 San Roque, Cádiz, Spain

EL OCTOGONO CLUB DE PADEL Y TENIS

As part of the Octogono Beach Club, the tennis and padel centre is alive with a buzz of activity. Offering players both clay and hard courts (three clay, three hard court and five padel courts), as well as a charming clubhouse in which to unwind after a knock up amongst friends, this is the home of the renowned Sotogrande Tennis Academy.

Classes and training programmes are run by world class coaches or for a light-hearted game, you can join the sociable mix-ins run by the club. Located right off the beach, the Octogono Beach offers a unique and popular setting for the more competitive tennis players or families simply looking to enjoy a gentle knock about with their kids.

Address: Paseo Del Río S/N, Sotogrande, Cádiz 11310, España

Website of STA: <http://www.sototennis.com>

5 SAILING

The marina of Sotogrande is the cradle of the sailing sport. Its climatic conditions are excellent for the practice of sailing: mild temperatures, and calm tides. In the area there is a sailing club of great prestige throughout Europe: The Real Club Marítimo de Sotogrande, Paseo del mar, Sotogrande +34 629 557 057 <http://rcms.es/>

The Real Club Marítimo — also known as the Royal Yacht Club of Sotogrande — hosts all the major sailing events that come to Sotogrande, including the Sotogrande BMW Sailing Cup and the RC 44 World Championship. It is a place to socialise with fellow sailors and neighbours from the marina, the club's white frontage as iconic as Sotogrande's golf courses and perfectly groomed polo fields.

While the run of international regattas mark the high points in the year's sailing calendar, the club also offers facilities for anyone with a boat, or would like to hire one, at any time of year. This includes maintenance facilities, as well as preferential discounts on everything from paddleboard courses to fishing and photography workshops.

The sailing club in Sotogrande provides training to an average of 500 students each year at all levels from initiation to completion.

They offer courses in both catamaran sailing and Optimist; exclusive sailing courses for women, with catamaran 12 meters long and also sailing courses for teenagers, both beginners and advanced, also with vessels of 12 meters in length.



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Private charters are also available in Sotogrande, from fancy sailboats to nippy powerboats, for a day or a month, with or without a crew.

For RYA Practical Sailing Courses to Motor and Sailing Charter hiring have a look at the Yachting Sotogrande website

Yachting Sotogrande, Sotogrande Port
website <http://www.yachtingsotogrande.com/>

6 DIVING

Diving off Gibraltar and the coast of Cadiz has long been popular. The clear waters and rocky shorelines make it easy to see a wide range of species — anything from sea fans, and octopus to moray and conger eels. There is also a wealth of artificial and natural wrecks, including the odd airplane.

Here some of the area diving schools websites

Beedivers Gibraltar

<http://www.beedivers.com/pages/en/welcome.php>

YellowSub Tarifa

<http://www.divingtarifa.com/>

SimplyDiving

<http://www.simplydiving.com/dive-sites/tarifa/>

7 OTHER ACTIVITIES

For other activities adventure in Land (Trekking, Mountain Biking, Caving), Water (Canyoning, Stand up Paddle, Jet Ski, Sailing), Winter (Skiing, Snowboarding), Air (Skydiving), Engine (Quad biking) please have a look at the following websites:

<http://www.andalucia.com/adventure/home.htm>

<http://www.andaluciaactivities.com/>

<http://www.teamxtreme.es/>